Histories of Healthy Ageing

International Conference
21–23 June 2017
University of Groningen

Programme

historiesofhealthyageing.nl
Wednesday 21 June

13.00 – 13.30  Registration and Coffee
13.30 – 14.15  Welcome
   
   RAINGARD ESSEER, Director of the Groningen Research Institute of the Study of Culture (University of Groningen)
   Keynote Lecture on AIRS, WATERS & PLACES
   RINA KNOEFF (University of Groningen)
   Opening Lecture

14.15 – 15.15  Session 1
   Chair: Raingard Esser
   
   FRANTIŠEK ŠIMON (Šafárik University)
   Six Res Non Naturales According to Celsus
   MARIEKE HENDRIKSEN (Utrecht University)
   Healthy Feet between Theory and Technique: (Re)constructing Camper’s Ideal Shoe

15.15 – 15.45  Coffee Break

15.45 – 16.30  Keynote Lecture on EMOTIONAL BALANCE
   IRINA METZLER (Swansea University):
   Old Age in Medieval Europe: Can We Learn from the Past?

16.30 – 17.30  Session 2
   Chair: Rina Knoeff
   
   JAMES KENNAWAY (University Groningen)
   Guts and Nerves: The Connection between the Passions of the Soul and the Body in the Long Eighteenth Century
   TESSA STOREY (Royal Holloway, London)
   Readership and Healthy Ageing Advice

17.30  Welcome Reception
   This reception is offered to you by the University of Groningen, the Municipality of Groningen, and the Province of Groningen

18.00  Opening Exhibition and Visit to University Museum
   Gelukkig Gezond! Histories of Healthy Ageing
Thursday 22 June

8.30 – 9.00  Coffee
9.00 – 9.45  Keynote Lecture on RETENTION & EXCRETION
            MICHAEL STOLBERG (University of Würzburg)
9.45 – 10.45  Session 1
              Chair: Catrien Santing
              REBECCA FALLAS (Open University/Leeds)
              Menopause in the Hippocratic Corpus and
              the Biological Works of Aristotle
              NATALIE KÖHLE (Australian National University, Canberra)
              The Many Colours of Excrement:
              Phlegm and Coproscopy in Medieval China
10.45 – 11.15  Coffee Break
11.15 – 12.45  Semen, Menses, Milk, Sweat Panel
              Chair: Michael Stolberg
              FABRIZIO BIGOTTI (University of Exeter)
              “Medicina est additio et ablatio”:
              Santorio on the Prolongation of Life
              SARAH TOULALAN (University of Exeter):
              Old Age and Sex in Early Modern Europe:
              “Exceedingly Hurtfull and Most Pernitious”
              RUBEN E. VERWAAL (University of Groningen)
              Crying Over Spilled Milk:
              Chemistry, Drugs, and Breastfeeding in the Eighteenth Century
12.45 – 13.30  Lunch
13.30 – 14.15  Keynote lecture on FOOD & DRINK
              ELIZABETH WILLIAMS (Oklahoma State University)
              Eating after the Climacteric:
              Food, Gender, and Ageing in Early Modern and Enlightenment Medicine
14.15 – 16.15  Practitioner’s Session
              Chair: JANE MACNAUGHTON (Durham University)
              PAUL JUTTE (University Medical Centre Groningen)
              Technologica Orthopedica:
              How 3D Technology Can Be Used to Improve Orthopedic Care
              ERIK BUSKENS (UMCG)
              Noblesse Oblige
              GERJAN NAVIS (UMCG)
              Let Food be thy Medicine:
              Histories of Nutrition and Healthy Ageing
16.15 – 16.45  Coffee Break
16.45 – 17.45 Session 4
Chair: Elizabeth Williams
ALEXANDER PYRGES (Würzburg)
Old, Fat, and Healthy?
Exploring the Connection between Corpulence and Ageing in
Early Modern Medical Literature
ANTHONY MAHLER (Zürich)
The Poet’s Diet

18.00 Public Lecture
ROBERT ZWIJNENBERG (Leiden University)
Healthy Ageing and the Importance of Art

Friday 23 June
8.30 – 9.00 Coffee
9.00 – 9.45 Keynote lecture on EXERCISE & REST
ONNO VAN NIJF (University of Groningen)
9.45 – 10.45 Session 1
Chair: Klaas van Berkel (University of Groningen)
MELINA KOSTIDI (University of Thessaly)
Greek Spas and Healthy Ageing:
Nineteenth-Century Medical Texts on Thermal and Sea Baths
MEGAN WILLIAMS (University of Groningen)
“Sum mortalis, et senex, et laborans podagra”:
Negotiating Healthy Ageing in Early Modern Diplomacy
10.45 – 11.15 Coffee Break
11.15 – 12.45 Session 2. Narratives of Healthy Ageing
Chair: Mineke Bosch (University of Groningen)
JANE CORRIE (University of Glasgow)
An Exemplary Retirement:
William Cullen and the Art of Ageing in Enlightenment Scotland
FELIX SAURE (Hamburg/Lüneburg)
The Shaking of His Own Body, the Fate of Charlotte Diede, and
Aeschylus’ Unwritten Verse: Wilhelm von Humboldt’s Idealist
Anthropology and His Thoughts about Age(ing)
LEONIEKE VERMEER (University of Groningen)
Healthy Through Writing?
12.45 – 13.45 Lunch
13.45 – 14.30 Keynote Lecture on **Sleeping & Waking**

*WILLIAM MACLEHOSE* (University College London)

*Diminution and Recreation: Ageing and Restorative Sleep in Medieval Medicine*

14.30 – 15.30 Session 3

**Chair:** James Kennaway

*Catrien Santing* (University of Groningen)

*Tips and Tricks for Sleeping and Waking in Regimen Literature*

*Siglinde Clementi* (Free University of Bozen-Bolzano)

*Healthy Body and Good Life as Unreacheable Ideals: The Case of the Trentino-Tyrolean Noblesman and Melancholic Osvaldo Ercole Trapp (1634–1710)*

15.30 – 16.00 Coffee Break

16.00 – 17.30 Session 4: Visions of Healthy Ageing

**Chair:** Robert Zwijnenberg

*Raf Praet* (University of Groningen / Ghent University)

*Conceiving Health: John Lydus and Late Antique Gynaecology*

*Leo Delfgaauw* (Hanze University / University of Groningen)

*Topos of Ageing in Art*

*Cara Kiernan Fallon* (Harvard University)

*Surfaces: Healthy Ageing and the Skin*

17.30 – 18.00 Round Table

Comments and Discussion with Rina Knoeff, Jane MacNaughton, and Robert Zwijnenberg

18.00 Conference Dinner and Farewell Party

at Café Hammingh in the village of Garnwerd